



SOY FUSION

MODERN CUISINE

INSPIRED BY TRADITION



Good food, brighter days





SOY

FUSION

Wraps and open sandwiches served from 12 pm to 5 pm.

WRAPS

Crispy Fried Halloumi £11.50

Baby gem leaf, crispy onions, red pepper relish and chilli mayo.

Grilled Bacon £11.50

French brie, cranberry mayo and baby gem leaf.

Honey Chilli Chicken £11.50

Napa slaw, Thai dressing and chilli coleslaw.

Panko-Crusted Goujons of Cod £11.50

Fancy tartare sauce, fresh rocket, red onion, cucumber.

Aromatic Beef Chilli and Basmati Rice £11.50

Guacamole, cheese and sliced peppers.

All wraps served with a dressed salad garnish and a cup of skinny fries.

OPEN SANDWICHES

Classic Prawn Marie Rose £15.95

Pink prawns, Marie Rose sauce, toasted sourdough, dressed salad, house coleslaw, cherry vine tomato, cucumber and fennel.

Smoked Salmon and Avocado £14.95

Smashed avocado on baked sourdough topped with smoked salmon, shallot rings, dressed watercress, fresh chives and baby vine tomatoes.

Grilled Reuben Sandwich £14.95

Slow-cured beef brisket, sauerkraut and Emmental cheese baked on sourdough bread, served with dressed salad.

Red Pepper Hummus £13.25

Pickled fennel and pomegranate served on baked sourdough slices, dressed rocket leaf salad, vine tomatoes, shallots and salt-roasted walnuts.



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STARTERS

Hot Wings

£10.50

Southern fried chicken wings, buffalo hot sauce, smoked paprika, blue cheese mayo dip, celery and roasted sesame seeds.

Cauliflower Tempura

£8.50

Coated in a light batter, tossed in gochujang sauce, Asian slaw, pickled ginger and spring onion salad.

Beef Nachos

£10.75

Minced chilli beef on tortilla chips, jalapeño peppers, cheddar cheese, sour cream, guacamole and sweet chilli.

Salt and Chilli Squid

£12.50

Crispy fried squid, shredded pak choi, Chinese cabbage, peppers and red onion, garlic and chilli crisps, sriracha aioli and lime.

Classic Pink Prawn Cocktail

£11.95

On a crisp salad of fennel and vine tomato, pickled cucumber, baby watercress, baked bread and Jersey butter.

Cheesy Garlic Ciabatta Bread

£7.50

Artisan bread baked with Jersey butter and fresh herbs, topped with mozzarella cheese.

Goat's Cheese Bonbons

£10.95

Panko-coated goat's cheese balls with beetroot relish, charred cucumber, beetroot aioli, watercress and pistachio crumble.

Jersey Hand-Dived Scallops

£12.95

Seared Jersey scallops, black pudding, potato scone, garlic butter and micro watercress.

Salt-Roasted Padron Peppers with Honey

£7.50

Honey Chilli Chicken

£10.95

Crispy fried chicken strips, napa slaw, baby coriander, Thai dressing and roasted peanuts.

GYOZA DUMPLINGS

Served on pickled ginger and red cabbage with hoisin glaze, sesame tuile and micro coriander.

Pork (4 pieces)

£9.95

Duck (4 pieces)

£10.50

Vegetable (4 pieces)

£9.25

Chicken (4 pieces)

£9.50

Mixed Plate (4 pieces)

£9.95

GROUVILLE BAY OYSTERS

Natural (6)

£14.50

Lemon, shallots and vinegar.

Wasabi (6)

£14.95

Pickled ginger and wasabi soy sauce.

Grilled (5)

£15.25

Garlic butter, panko breadcrumbs, spring onions and mature cheddar cheese.

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FISH

Crispy Beer-Battered Cod

£19.95

Served with dressed salad, roasted lemon, sauce gribiche, chunky chips and rustic mushy peas.

SOY Fish Grill Plate

£27.50

Seared Scottish salmon, squid and tiger prawns, tenderstem broccoli, new potatoes (Royals if in season), lemon and garlic butter sauce and fresh chives.

Grilled Half Lobster

P.O.A.

Jersey lobster baked in Jersey butter, garlic, buttered greens, new potatoes (Royals if in season), micro watercress salad and lemon.

BURGER SPECIALS

Beef Burger

£18.95

Beef burger topped with bacon and cheddar cheese, beer-pickled onion rings, garlic aioli, baby gem lettuce, red onion, pickles and plum tomato in a toasted brioche bun, served with chips.

Chicken Burger

£18.95

Crispy Southern fried chicken breast, shredded cabbage, kimchi mayo, baby gem lettuce, red onion, pickles and plum tomato in a toasted brioche bun with chips.

Vegan Burger

£17.50

Beyond burger with baby gem lettuce, pickles, red onion and tomato, topped with vegan garlic aioli in a vegan bun, served with chips.

Crispy Coated Cod Burger

£18.50

Panko-coated cod fillet, fancy tartare sauce, baby gem lettuce, plum tomato, red onion and pickles in a brioche bun with chips.

SOY SALADS

Classic Caesar

£14.95

Baby gem lettuce, ciabatta croutons, olive tapenade, pancetta, parmesan shavings and a deep-fried poached egg in rich Caesar dressing.

Asian Salad

£14.95

Shredded pak choi, Chinese cabbage, red onion, mixed peppers, mangetout, pickled ginger, sesame seeds and bean sprouts dressed in a sweet Thai sauce, topped with crispy rice noodles.

Greek Salad

£15.50

Crisp baby gem leaf dressed with lemon and parsley vinaigrette, diced feta, cherry vine tomatoes, black olives, pickled cucumber, avocado and red onion.

Warm Baked Goat's Cheese Salad

£15.95

Rocket leaves, basil pesto dressing, walnuts, orange segments and pomegranate.

SALAD TOPPINGS

Crispy Chicken

£5.50

Garlic Prawns

£6.00

Fried Halloumi

£5.00

Crispy Beef

£6.00

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THE GRILL

Volcanic Rock Chargrill

8 oz Prime Fillet Steak

£36.95

10 oz Rib-Eye Steak

£33.95

Steaks served with baked field mushroom, tomato confit, beer-pickled battered onion and chips.

STEAK SAUCES

Creamy peppercorn and brandy

£3.95

Blue cheese and shallot

£3.95

Jersey garlic butter and fresh herbs

£3.95

STEAK ADD-ONS

Tempura Prawns (3)

£8.50

Pan-Fried Scallops (3)

£10.50

SIDES

Chips

£5.00

Skinny Fries

£5.00

Chips with Parmesan and Truffle Aioli

£6.95

Dressed Salad

£5.00

Fragrant Basmati Rice

£5.00

Halloumi Fries

£6.95

Sweet Potato Fries

£6.95

Buttered Greens

£6.95

Buttered Baby Potatoes

£6.00

Stir-Fried Noodles

£6.95

Edamame Beans

£6.50

Salted / Chilli

SIZZLING SKILLETS

All skillets use a mild fusion of seafood or vegetable stock, oriental spices, ginger, spring onion, oyster sauce (except Yasai) and stir-fried vegetables, with rice.

Scallops

£21.75

King Prawns

£20.50

Gambas

£21.75

Chicken

£19.50

Beef

£20.95

Yasai (Vegetable)

£17.50

Yasai uses vegetable stock and is prepared without oyster sauce.

ESPETADA

Rib-Eye

£28.95

Rib-Eye & Prawns

£29.95

Garlic Chicken

£26.95

Served with fried milho, dressed salad and a choice of chunky chips or rice.

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FAVOURITES

Steak Sandwich

£19.00

Aged rib-eye steak cooked to your liking on baked garlic ciabatta, rocket leaf, sliced plum tomato, burnt onion mayo, caramelised onion and crispy onions, served with skinny fries.

Honey Chilli Chicken Strips

£18.95

Golden fried chicken strips, dressed pak choi, Asian salad, toasted peanuts, spring onions, coriander, Thai dressing and skinny fries.

Crispy Chicken Schnitzel

£19.95

Panko-coated butterflied chicken breast with tenderstem broccoli, Jersey garlic butter, roasted lemon, baby watercress and chips.

Famous Chilli Bowl

£17.50

Minced Jersey beef with mild spices, kidney beans and chickpeas on basmati rice, topped with cheese, sour cream, guacamole, sweet chilli and crispy tortilla chips.

6-Hour Baked Lasagne

£19.25

Slow-cooked Jersey beef mince in red wine, vegetables and herbs, layered in pasta sheets and baked. Served with rocket leaf salad, garlic ciabatta and chips.

Caramelised Sticky Baby Ribs

£19.50

Crunchy garlic, chilli and coriander. Served with house fries and shredded cabbage.

KATSU CURRY

Asian-style katsu curry, fragrant rice, shredded vegetables, micro coriander and sweet chilli rice crackers.

Prawn

£20.95

Chicken

£19.95

Vegetables

£18.50

AROMATIC SHREDDED DUCK

Pancakes, spring onion, celery, cucumber and hoisin sauce.

Quarter Duck

£15.90

Half Duck

£26.50

Whole Duck

£42.50



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