

SOY Seafood & Sushi Bar

8-10 Wests Centre, Bath Street, St Helier, Jersey, JE2 4ST
Tel: 01534 720052 www.soyjersey.com

£20
2 COURSES

OVER
£20

3 COURSES - £23.50

Tennerfest menu
available:

Tuesday to Thursday
Lunch: 12pm - 2:30pm
Dinner: 5pm - 9pm


Friday and Saturday
Lunch: 12pm - 2:30pm

Opening hours:

Tuesday to Saturday
12pm - 10:30pm*

*Drinks only available
between 2:30pm - 5pm
from Tuesday to
Thursday.

Sunday and Monday
CLOSED

 Vegetarian Options

 Disabled Access

 WiFi

STARTERS

Tuna Tatki

Seared tuna on a bed of fresh daikon, onion chutney, Tosa Soy Sauce

Crispy Japanese Umeboshi

Tempura shiso leaf, tartare of tuna and umeboshi (Japanese plum), tare sauce

Vegetable Gyoza [V]

Steamed Japanese dumplings (4 pieces), grilled with a tasty dipping sauce

Hirata Steamed Bun

Crispy pork belly in white fluffy Asian bun, cucumber, shredded spring onion, Japanese mayonnaise

Crispy Chilli Squid

Roasted garlic, spring onions, fresh chillies, sweet chilli mayonnaise

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MAIN COURSES

Omakese Sara

Chef's choice sushi plate (10 pieces), pickled ginger, wasabi, soy

Nagoya Sushi Roll

Tempura salmon, fresh asparagus wrapped in fresh tuna, crab meat topping, ikura, Kabayaki sauce

Chicken Katsu Curry

Chicken coated in crispy panko breadcrumbs, aromatic curry sauce, steamed basmati rice

Sizzling Veg [V]

Mild fusion of oriental spices, ginger, spring onion, stir fry vegetables, sweet soy sauce, steamed rice

Caramelised Sticky Baby Ribs

Crunchy garlic, chilli, coriander, house fries

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DESSERTS

Homemade Japanese Ginger Ice Cream

Lemon micro herbs, stem ginger

Japanese Passion Fruit Mochi

Vanilla ice cream

Orange Posset

Homemade shortbread

Chocolate Brownie

Toffee ice cream

Assortment of Sorbets [GF]

BOOKINGS

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